

# Bike to Work Day is May 26th

University Hospitals **NHS**  
of Morecambe Bay  
NHS Trust



Ride into work on May 26th and you will benefit from a **free** Dr. Bike maintenance check and a **voucher** for food or drink from Skylight Restaurant.



**Free Dr. Bike** service will be available from 8am-12pm. Simply drop your bike at front of Centenary Building and collect before 12pm.

**Free Food Voucher** up to value of £2 can be collected from the General Office. Present your helmet.



**Free Try-a-Bike** is available from the General Office. We'll give you a bike, helmet and hi-viz vest to help you start cycling to work.

**Free advice** is available from the Cycling Demonstration Town team in Skylight Restaurant from 8am-2pm. If you are thinking of commuting to work by bike please drop by.

For more information please contact Rysz Detko, General Office